

Fitness and Nutrition Application 2014-2015

Requirements:

- 1. Yearlong commitment (Fall, Winter, and Spring)*
- 2. Enroll and complete the course Social Welfare 195 (2 units) in the Fall Quarter.*
- 3. Fall Quarter: 8 week training course that meets once a week on Wednesdays from 6-8 p.m., beginning Week 2 of Fall Quarter 2014.*
- 4. Winter and Spring Quarter: Commit to 3-4 hours per week for 8 weeks in the Winter & Spring Quarter 2015 to teach the Nutrition and Fitness curriculum, respectively. Syllabi will be distributed accordingly.*

MANDATORY DATES FOR AVAILABILITY

Interviews: Tuesday, October 7th, Wednesday, October 8th or Thursday, October 9th, 5 PM - 9 PM. Location TBD.

Orientation Session: Sunday, October 12th 12:00 PM - 4:00 PM

Class: Wednesdays 6 PM - 7:50 PM at Kerckhoff 133 & 135

APPLICATION IS DUE SUNDAY, OCTOBER 5th by 11:59PM

Instructions for Submission

Please follow these application submission instructions carefully. Applications not following these guidelines will be ignored.

- 1. Save this PDF file as: <Insert Your Name> - Fit-Nut Application*
- 2. E-mail application to scopefitnut@gmail.com with subject header exactly the same as the file name*

Example: Joe Bruin - Fit-Nut Application

Applicant Information

Full Name _____

Student ID: _____

No dashes, spaces, or parentheses.

Phone Number _____

No dashes, spaces, or parentheses. Will automatically format.

E-mail _____

Major: _____

Year: _____

DOB (MM/DD/YY): _____

Will you be available for ton the mandatory dates?

Check off the dates / events you **are** available.

Interview

Orientation

Classes

Did you attend an information session?

Do you have a driver's license and do you have access to a car?

How did you here about SCOPE?

Short Answer Questions

Please limit responses to **250** words or less

What aspects of the Fitness and Nutrition Program appeal to you? What can you bring to the program and what do you hope to accomplish by joining the program?

What experience do you have working with kids? If your experience is limited, please explain why you think you would work well with kids.

Describe a specific experience when you have worked in a group. What role did you play?

What do you feel is the biggest health-related problem in the United States? What factors do you think attributed to this problem and what are some steps we, as individuals, can do to help alleviate this problem?

Fitness and Nutrition requires a one-year commitment. Because site visits are typically on Thursdays and Friday afternoons, what other obligations do you foresee conflicting with your one-year commitment?

Volunteer Agreement

VOLUNTEER AGREEMENT AND CERTIFICATION OF INFORMATION:

I certify that I have read and understood the above requirements. I also certify that the above information is true and correct. I understand that any false statement or misrepresentation of information on this form may result in rejection of my application to the Fitness and Nutrition program. If accepted into the Program, I agree to participate fully and abide by all policies, procedures, and requirements of the Program.

By signing, you hereby agree to these terms and agreements.

Date: _____
MM/DD/YY

Please type your full name to serve as a digital signature.